# Life in the staffroom

## The good and the bad of the staffroom

## Dealing with the Bad

### Groan don’t grumble

Exodus 2:23-24

Exodus 16:2-3

Exodus 16:8

### Tame your tongue

James 3:1-12

## Encouraging the good

# Work Life Balance

Passages:

1. Ephesians 1:3
2. Psalm 127:1-2
3. 1 Cor 4:1-4
4. 1 Peter 2:13
5. Colossians 3:23-24

Scenarios:

* It’s 10pm on Saturday night, you’ve got an observation on the Monday morning and the lesson still isn’t quite how you’d like it.
* You’ve been invited to go away with friends over a half term and you’re really anxious about taking the whole week off from schoolwork.
* You’re finding that you just can’t balance being on the children’s (or ministry of your choice) team at church and helping run the extracurricular after school club you’ve started.